



THE WOOHOO WITHIN™
PRIVATE COACHING APPLICATION
WITH LISA STEADMAN, SUCCESS COACH

Tell Me About You

To help me better understand who you are and what your main goals are, please fill out this document in its entirety and fax it to 800-634-1813. Once I review it, I'll be in touch to set up a complimentary coaching session. Thanks!

Name:		
Contact Phone:		
Email:		
Street Address:		
City:	State:	Zip Code:
Age:	Date of Birth:	
Relationship Status:		
Current support system: Please list the three people closest to you and how satisfied you are with your current relationship. (Having a trusted support system is crucial to your success!)		
1.		
2.		
3.		



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What are the reasons you want to work with me? Be specific.

What is the desired outcome of your participation in our work together (your goals)? Be Specific.



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What has kept you from accomplishing these goals in the past? Be Specific.

How committed are you to achieving and completing your stated goals? Be Specific.



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What are you willing to change about yourself to accomplish your goals? Be Specific.

What is going to be the most difficult part or the biggest obstacle to success for you? Be Specific.



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Tell me about your past history (anything relevant you would like me to know).

What personal growth work have you already done on yourself? Be Specific.



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What are YOUR strengths and weaknesses? Be Specific.

If you could change three things in your life, what would they be?



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What do you need most from working with me? Be Specific.

What, specifically, do you want from me as your coach?



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What are you committed to creating for yourself, and by when?

When you're done, please fax this document to 800-634-1813. Once I review it, I'll be in touch to arrange a complimentary call to discuss how we can work together.

Woohoo! Be very proud of yourself for doing this important work. This is just the beginning. Get ready to CHANGE YOUR LIFE.